

WHEREAS; gout is a chronic disease caused by uric acid build-up in blood, joints, and tissues and is characterized by sudden and excruciating painful flares; and

WHEREAS; research suggests that gout affects more than nine million people in the United States, making it the most common form of inflammatory arthritis; and

WHEREAS; symptoms of gout often include intense joint pain, lingering discomfort, inflammation and redness, and limited range of motion; and

WHEREAS; lifestyle changes, including healthy eating, increased physical activity, limited alcohol consumption, weight loss, and minimizing the amount of stress placed on the kidneys, can be helpful in reducing the risk of developing gout; and

WHEREAS; while gout can occur in anyone, members of historically underserved communities, and Black patients in particular, are more likely to develop gout than white patients and often face systemic barriers to receiving quality care and access to necessary treatments and prescriptions; and

WHEREAS; stigma, lack of awareness, and misinformation may hinder treatment for gout, which can result in permanent joint damage and kidney stones, infections, and even failure; and

WHEREAS; today, the state of Wisconsin joins affected individuals and their families, along with dedicated advocates and organizations across the state and country, in raising public awareness of gout in order to reduce the stigma and empower patients to seek quality care and timely treatment;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,
do hereby proclaim May 22 2024 as

GOUT AWARENESS DAY

throughout the State of Wisconsin and I commend this observance
to all our state's residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 3rd day of May 2024.



TONY EVERS, Governor

By the Governor:



SARAH GODLEWSKI, Secretary of State